

Bedrooms

S Our hearts are restless until they rest in you, O Lord.

R (Repeat the opening line at every R)

S Return, O my soul, to your rest; for the Lord has dealt bountifully with you. Ps.116:7

R

S I remember your Name in the night, O Lord, and keep your law. Ps. 119:55

R

S It is vain that you rise early and go late to rest, eating the bread of anxious toil; for he gives to his beloved in sleep. Ps. 127:2

R

M Be with us, Lord, during our sleep and fill our thoughts at break of dawn. Refresh us in mind and body, and lift our hearts to give you praise.

BLESSING:

S Make holy this room and the bed it holds. Bless us with healing rest throughout the night, in the Name of the Father, and of the Son, and of the Holy Spirit.

R Amen.